



Sara Amos Rubio

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● EDUCATION AND TRAINING

09/01/2012 – 06/01/2013 – Universitat Politècnica de València Camino de Vera, s/n, Valencia, Spain
MASTER'S DEGREE IN INTERNATIONAL COOPERATION. SPECIALIZATION IN PROJECT MANAGEMENT AND DEVELOPMENT PROCESSES – Polytechnic University of Valencia. (UPV).

<http://www.upv.es/>

09/01/2005 – 06/01/2011 – Av. Blasco Ibáñez, 13. Espanya, Valencia, Spain
DEGREE IN SOCIOLOGY FROM THE UNIVERSITY OF VALENCIA – Universidad de Valencia

<https://www.uv.es/>

04/01/2020 – 04/10/2020
SEMINAR ON DEEP DEMOCRACY AND MIGRATIONS – La Xixa

<https://es.laxixateatre.org/>

06/01/2019 – 06/06/2019
ANTI-RACIST WORKSHOP: BREAKING THE TABOO – Universidad Politécnica de Valencia

06/01/2020 – 06/14/2020
ANTI-RACIST PERSPECTIVE COURSE. MIGRANT POWER COLLECTIVE. – Poder Migrante

<https://podermigrante.es/>

01/01/2020 – 03/01/2020
INTERVENTION COURSE WITH MIGRANT AND REFUGEE WOMEN. PERIFÉRIQUES ASSOCIATION. – Asociación Perifériques

<https://perifericas.es/>

COURSE: USE OF INCLUSIVE LANGUAGE IN THE WRITING OF PROFESSIONAL TEXTS – Asociación Ágora

<https://agora-online.es/>

10/01/2012 – 10/04/2012
INTERNATIONAL SEMINAR: "INTERDEPENDENCE, COOPERATION, GOVERNANCE AND BORDERS: WHAT IS THE MISSING LINK?" – Colegio de la Frontera Norte, Tijuana Baja California.

06/01/2011 – 06/05/2011
YOUNG SOCIOLOGISTS CONGRESS – Universidad de Barcelona

05/01/2010 – 05/01/2010
TRAINING COURSES "ETNOXARRADES: CONVERSATIONS FROM ANTHROPOLOGY TO THE MUSEUM" CULTURE AND SOCIETY. AN ANTHROPOLOGICAL VISION FOR THE ANALYSIS OF SOCIAL REALITY. – Universidad de Valencia

05/05/2009 – 05/05/2009

TRANSDISCIPLINARY CONFERENCE ABOUT LOVE AND DEATH – Universidad Menendez y Pelayo

09/18/2007 – 09/20/2007

INTERNATIONAL SEMINAR OF CRITICAL SOCIOLOGY – Universidad de Valencia

09/01/2011 – 12/20/2011

INTENSIVE COURSE OF ENGLISH – English Language Academy San Diego California

MARKET RESEARCH AND CONSUMER BEHAVIOUR – Coursera Course Certificates

● **WORK EXPERIENCE**

12/09/2020 – CURRENT – Barcelona, Spain

SOCIAL SCIENTIST – EPISTEME. RESEARCH AND SOCIAL INTERVENTION

As part of the team among my tasks and responsibilities are identification, preparation, evaluation, monitoring and control of social projects. Organize and moderate focus groups and design and conduct interviews.

I am responsible for coordinating the program "Servicio Comunitario".

The program "Servicio Comunitario" is currently in the initial phase. For the city of Valencia (Spain) as an experimental city, community coordination is being carried out to form the motor group and the community group.

02/01/2018 – 12/01/2020 – Valencia, Spain

QUALIFIED SOCIAL PEDAGOGUE – VICENTE FERRER FOUNDATION

Design, monitoring, execution and coordination of activities / workshops carried out at secondary school. Identification, formulation and evaluation of social and international development projects and social awareness campaigns.

06/01/2014 – 02/15/2018 – Valencia, Spain

MARKET RESEARCH ANALYST – INMERCOS BY IMPROVING OFF MINTS AND BRAINS

As a social and market researcher, I collaborated in the development of several projects focused on:

Annual qualitative research for the improvement of the Work Climate in several companies.

Research and development of CSR of several companies.

Trainer for the implementation of the gender perspective in the chain of command in the II Cooperativa Consum Equality Plan.

Rebranding of the brand associated with fairtrade.

Improvement of tax payment through the application of the social norm.

Training for employability and entrepreneurship focused on young people from the Employment Plan.

Communication strategies for social impact campaigns and awareness from Behavioral Economics approach

Workshops for employability and entrepreneurship focused on youth of the Employment Plan subsidized by the Valencia City Council.

Identification, preparation, evaluation, monitoring and control of Projects.

Organization and discussion group moderation.

10/01/2012 – 03/01/2013 – Jinotega, Nicaragua

SOCIAL WORK RESEARCHER – LA CUCULMECA

Numerous identification, formulation, backstopping and evaluation missions for USAID-executed projects.

Assistant Project Management in several Projects: Human Rights to Water and Sanitation, Climate Change and improvement of the

resilience of families in rural areas of Jinotega (Nicaragua).

03/01/2011 – 06/01/2011 – Alzira , Spain

SOCIAL WORK RESEARCHER – HOSPITAL PÚBLICO DE ALZIRA

Creation of a network of agents health and prevention driven by the same neighbors through training and peer care. Riu's primary aim was health promotion among the community, understanding health as a fundamental asset. Using peer education and participatory action-research, RIU expected to empower the community and support health professionals to refocus their resources.

An epidemiological study was carried out at the neighborhood of *Raval de Algemesí (Valencia-Spain)* to detect aspects related to the area of investigation and intervention of the neighborhood.

The Project succeeded due to informal meetings with the neighbours, collaboration with the department of social affairs of *Algemesí*, in-depth interviews with professionals within the intersectoral network and interviews with women from the neighborhood who took part in the project

03/01/2012 – 08/01/2012

RESEARCH ASSISTANT – FUNDACIÓN IGENUS

Technical support for the research on strategies risk reduction in consumption of drugs and uses of technology in adolescent population.

● LANGUAGE SKILLS

Mother tongue(s): SPANISH

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
CATALAN	C2	C2	C2	C2	C1
ENGLISH	B2	C1	B2	B2	B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● DIGITAL SKILLS

Power Point | Instagram | Microsoft Powerpoint | Social Media | Microsoft Word | Skype

● VOLUNTEERING

01/01/2008 – 01/01/2011

Studies Without Borders. Spain Delegation

Universidad de Valencia

ESF-E was part of an international network of autonomous NGOs united for the common commitment to contribute to development through education and culture.

I was part of the team organizing awareness campaigns and social impact in universities (conferences, seminars, cinema forum).

10/01/2014 – 10/01/2016

Transformacció. Gender Studies Association

Universidad de Valencia

● DRIVING LICENCE

Driving Licence: B

● SOCIAL AND POLITICAL ACTIVITIES

09/01/2019 – CURRENT

Member of the local feminist collective Subversives

Valencia

As a member of the local coordinator, we denounce everything that affects women's rights, we organize conferences, festivals, create synergies with other groups and establish relationships and demand that the local administration implement aspects that benefit equality.

● PROJECTS

04/01/2011 – 06/01/2011

RIU "A river of cultures, a river of health" promotion of accessibility and use of health services in environments in social vulnerability

Participatory-Action-Research oriented to the community. The project took a gender-based analysis approach to design interventions that would target specific aspects concerning women from "Barrio del Raval".

Riu's primary aim was health promotion among the community, understanding health as a fundamental asset. Using peer education and participatory action-research, RIU expected to empower the community and support health professionals to refocus their resources.

An epidemiological study was carried out at the neighborhood of *Raval de Algemesí (Valencia-Spain)* to detect aspects related to the area of investigation and intervention of the neighborhood.

The cycle of each of the interventions lasted approximately one year in 6 interrelated phases: 1- Agreements at a political and technical level with the population 2- Riu's primary aim was health promotion among the community, understanding health as a fundamental asset. Using peer education and participatory action-research, RIU expected to empower the community and support health professionals to refocus their resources. 3- Training of health agents, 4- Actionability of the functions of trained health agents 5- Continuous evaluation, accountability, 6- Integrated improvements and development of a new cycle of intervention.

The Project succeeded due to informal meetings with the neighbours, collaboration with the department of social affairs of *Algemesí*, in-depth interviews with professionals within the intersectoral network and interviews with women from the neighborhood who took part in the project. The Project succeeded due to informal a network of health agents made up of women from different cultures in migratory projects and local residents of *Algemesí's* neighborhood who provided information to the health administration, reported on good practices and supported each other.

09/01/2012 – 03/01/2013

Active Citizenship for Public Policies

The development of communities is only possible through the empowerment in political terms of the people who form it.

The project aimed to familiarize people from rural areas of Jinotega (Nicaragua) with the different institutions, projects, laws, and initiatives that in one way or another affected their lives, providing them with the necessary tools to be able to influence them.

The methodology of the project was articulated through the so-called social audits, these are a tool for citizen participation that allows the community to self-evaluate the living conditions, socially, participatory, democratic, and organizational.

It is therefore about monitoring, evaluating, and following up on projects, programs, policies, processes, or commitments of public or private institutions that receive public funds, to make recommendations from the public with the aim of improving in terms of efficiencies, effectiveness, quality, and transparency.

Workshops were facilitated on the application of interviews and surveys. Once they had chosen the topic, a series of informative workshops were held whose function was to train people so that they progressively become agents of social change.

Subsequently, a small investigation was carried out at the local level, conducting interviews with people in their community and the agents they considered important to the process. After this step, a date was set to return the results to anyone who wanted to participate. This event was usually chaired by a person with specific knowledge on the subject, for example, the head of the women's police station in the audit on violence against women.

03/01/2018 – 10/01/2019

One world, 17 challenges. The Sustainable Development Goals (SDGs) in Rural India through the FVF

The FVF's knowledge, experience and commitment to the transformation process in rural India allowed the Valencian citizenship to Address the concept of sustainable development with a holistic approach.

The project was carried out in collaboration with the Public Universities of Valencia and the Popular Universities of Valencia. The Popular Universities of Valencia are a municipal project for cultural development. The purpose was to promote social participation and improve the quality of life through continuous education, socio-cultural dynamization and social intervention. The participatory workshops of the project were focused on the senior population of 6 of the districts of the city of Valencia where the Popular Universities were located.

The projects relied on several people who were already enrolled in the UP. Several sessions were held to support them to become agents of replicability of good practice in their immediate environment.

This was achieved through debate, provision of information on the subject and sharing resources such as NGOs, associations, groups, and institutions in the city of Valencia where they could connect and continue to learn to channel their concerns.

The aim was therefore for the project to serve as a connecting link with other local initiatives.

In Public Universities of regulated education, the intervention focused on the provision of information through a traveling exhibition and training for students in subjects related to international cooperation through an informative class about the development model of the FVF.

01/04/2019 – 06/01/2019

"Mandala Igualdad. Phase I and Phase II Promoting critical thinking among young people through the gender and intercultural approach framed in the SDGs of the 2030 Agenda. "

The aim was to contribute to a change in the values, attitudes, and behaviors of young adolescents in Castellón (Spain) in order to build a global and supportive society having the SDG's as a framework.

The reality of rural India, specifically those of women, disadvantage castes and people with functional diversity were used to create a link Spain-India. We looked at patterns of discrimination and the strategies, behaviours and attitudes that we can develop to overcome them in global and local contexts.

We observe these realities from gender and intercultural approach, embedded in a transformative perspective.

This sought to strengthen their critical gaze for positive social transformation on a global scale, while doing an exercise on a local scale. They were ask to reflect on the discrimination that may be occurring in their environment and the concrete actions they can carry out to confront them.

The task made visible for the young people the discriminations that were occurring in their own environment and educational center and to establish actions to denounce them.

The participatory methodology used for the workshops included, adapted language, role play, story construction and content analysis from a critical perspective.

We worked with students aged 12 to 17 years through more than 60 sessions held in 6 educational centers in the province of Castellón.

An online resource with expanded content was created. Teaching staff assumed the role of giving annual continuity to the project, support from an expert from the FVF.

01/01/2021 – CURRENT

Implementation of the pilot program "Servicio Comunitario" for the prevention of alcohol and other drugs.

The program: "Implementation of the *Servicio Comunitario* pilot program for the prevention of the harm of alcohol and other drugs" represents the third phase of the evaluation process of the Responsible Service program.

The process must conclude with the accreditation that the program is effective, efficient, and with proven preventive quality that incorporates the gender perspective. The program is based on a multicomponent methodology inspired by proven preventive evidence methodologies such as the STAD program:

- Training for nightlife professionals.
- A strong community involvement of all actors related to safety, health and grassroots organizations.
- Compliance with current legal provisions on alcohol and public safety.

The program is based on an exhaustive evaluation of design, processes, results and impact in order to demonstrate its efficiency, effectiveness and efficacy.

The program is currently in the initial phase. For the city of Valencia (Spain) as an experimental city, community coordination is being carried out to form the motor group and the community group.

The development of the first phase of the program will focus on a specific neighborhood in the city of Valencia.

● CONFERENCES AND SEMINARS

2015

I Feminist Congress University of Valencia Communication speaker "What are our prisons?: an exploratory analysis of the greatest limitations to apply the gender approach: project case study 'Active citizenship for public policies' applied in Jinotega

Part of the organizing team and speaker of the communication "What are our prisons?: an exploratory analysis of the greatest limitations to apply the gender approach: project case study "Active citizenship for public policies" applied in Jinotega (Nicaragua)"

2011 – Colegio de Frontera Norte (COLEF) Tijuana, Baja California

. International Seminar: "Interdependence, Cooperation, Governance and Borders: What is the missing link?" Colegio de la Frontera Norte, Tijuana Baja California

2010 – Universidad de Barcelona

"Young Sociologists" Congress.

2010 – Pamplona

X Spanish Congress of Sociology: "Sociology and society in Spain. 30 years ago, 30 years from now.

2009 – Valencia

Training courses "Etnoxarrades: Conversations from Anthropology to the Museum" Culture and society. An anthropological vision for the analysis of social reality.

● PUBLICATIONS

Amos Rubio, S. (2013). ¿Cuáles son nuestras cárceles?: Un análisis exploratorio de las mayores limitaciones para aplicar el enfoque de género: Estudio de caso del proyecto "Ciudadanía Activa por unas políticas públicas" aplicado en Jinotega (Nicaragua). (Tesis de Máster. Universitat Politècnica de València. Servei d'Alumnat. Departamento de Proyectos de Ingeniería) Repositorio UPV <http://hdl.handle.net/10251/44765>

<http://hdl.handle.net/10251/44765>

<http://hdl.handle.net/10251/44765> – 2013

This document presents a critical analysis through gender of a development intervention applied in rural area of Jinotega. We proceeded to use the power cube tool and review the way the work was addressed practical issues for equity practices. In order to generate proposals through a study of the project, the NGO that conducted itself and the specific context where addressed.